FACIAL WITH DERMAL LIGHT

I. MATERIALS AND EQUIPMENTS:
- Record card
- Towels, head band, booties
- Paper sheet
- Paper tissues
- Soiled bag
- Cotton
- Spatula
- Wet sanitize
- Sanex strip
- Scissors
- Gauze
- Dermal light
- Hot oil preparation
- Cleansing cream
- Massage cream
- Tonic lotion Astringent
- Eye pad lotion

II. PROCEDURE:
01. Wash hands
02. Setup table
03. Fix head rest, adjust back of the chair
04. Resanitize hands, cover chair by paper sheet, drape patron
05. Skin analysis
06. Organize facial tissues
07. Apply cleansing cream, spread, and remove
08. Steam the face mildly with warm, moist towels or with a facial steamer
09. Facial treatment

A- FOR DRY SKIN: Red light
   a- Apply massage cream, manipulations and remove massage cream
   b- Apply eye pads (moist with eye pad lotion)
   c- Apply gauze with hole cut of eyes, noses, mouth
   d- Apply oil to mask
   f- Apply red light toward the face:
      · Position: 24”-30” (1 arm); 5 minutes
      · Fill record card
   g- Turn off, remove light
   i- Remove the gauze

B- FOR OIL SKIN: Blue light
   a- Apply eye pads (+eye pad lotion)
   b- Apply blue light on bare skin:
      · Position: 10-12”; 3-5 minutes
      · Fill record card
   c- Turn off, remove lamp

C- FOR NORMAL SKIN: White light
   a- Apply massage cream, manipulations and remove massage cream
   b- Apply eye pads (+eye pad lotion)
   c- Apply white light:
      · Position: 15”; 10-12 minutes
      · Fill record card
   d- Turn off, remove lamp

09. Apply astringent, moisturizer and then sunscreen
10. Undrape patron
11. Clean up
12. Complete record card
13. Wash hands