Understand Hair Loss Causes and Treatment

• The growth cycle provides for the continuous growth, fall, and replacement of individual hair strands.
• Natural shedding: 35 to 40 hairs per day

Types of Abnormal Hair Loss

• Abnormal hair loss is called alopecia.
• The three most common types of abnormal hair loss:
  – Androgenic alopecia
  – Alopecia areata
  – Postpartum alopecia

Androgenic Alopecia

• Genetic condition progressive shrinking or miniaturization of terminal hair
• Affects millions of men and women in the United States
Alopecia Areata

- Sudden loss in round or irregular patches
- Affects 5 million people in the United States
- Immune system attacks hair follicles
- Begins with small bald patches
- Occurs in males and females of all ages and races

Postpartum Alopecia

- Temporary hair loss at conclusion of pregnancy
- Growth cycle returns to normal within one year after delivery of baby

Hair Loss Treatments

- Minoxidil – topical treatment
- Finasteride – oral treatment